



## MESSAGE NOTES

### STRENGTH FOR THE STRUGGLE - PT 2

"Deep and Wide"

Pastor Matt Mylin

May 10, 2020

---

*Luke 6:46-49*

We can build our lives deep and wide by practicing what Jesus preached.

#### 1. Preparation

Preparation is readiness for a chosen purpose.

When we come to Jesus, we are giving him one of our most precious resources - our attention.

#### 2. Practice

Practice the discipline of reading scripture every day and scripture will become your script.

*Isaiah 40:28-31*

#### 3. Protection

*Psalm 32:7-8 (NLT); Psalm 91:14-16 (NLT); John 17:15;  
2 Thessalonians 3:3*

When you dig deep into God's word, you will discover the rock that will not move.

## Small Group Outline & Discussion Questions

---

### Celebrate and Care:

Have each person share a high and low from this past week.

### Review:

We can build our lives deep and wide by practicing what Jesus preached.

### Open Up:

What is a skill or habit that you practiced until it became permanent.

### Discuss:

*Choose one or two questions for your group to discuss as time allows.*

- ▶ Make a list of attention grabbers that easily distract people from focusing on Jesus and God's word. Try using only one or two words.
- ▶ What are some ways we can redirect our attention when it gets pulled away from strength in the struggle?
- ▶ What is the difference between "practice makes perfect" and "practice makes permanent"?
- ▶ Read John 17:15. What is surprising about Jesus' prayer?
- ▶ Read Psalm 32:7-8. What does it mean to be surrounded by "songs of victory"?

### Engage:

*Spend 1-2 minutes in silence with these questions then share your thoughts.*

What is one pressure that you can release to God to receive his protection?

Read Luke 6:46-49. What does it mean for you to hear Jesus' words "and put them into practice" this week in your life?

### Pray:

*Ask each person to pray for one pressure that is heavy on their heart, and agree with them as they release it to the Lord.*