

Galatians 5:16-25

I was made to be joy full.

Jeremiah 17:9-10

1. Joy is my default, because I am filled with the holy spirit.

Acts 16:16-34

2. Joy is my strength, because of Jesus.

Proverbs 17:22

John 16:16-24

James 1:2

Romans 15:13

Philippians 4:4

3. Joy is life changing, when it is genuine.

Acts 16:25

Small Group Outline & Discussion Questions

Connect:

Have each person share a high and low from this past week.

Consider:

I was made to be joy full

Choose one or two questions for your group to discuss as time allows.

- ▶ In your own words, how would you define joy?
- ▶ Read Proverbs 17:22. How have you found this true in your own life?
- ▶ Consider the story of Paul and Silas and their joy in the prison. What “prisons” need to be broken open with joy today?
- ▶ Read Psalm 51:12. We have been learning that we can have joy because what we deserve is not what we get. How would keeping this mindset fresh help us reframe our current circumstances?

Commit:

Spend 1-2 minutes in silence with these questions then share your thoughts.

Read James 1:2. Where in your life is God offering joy in the midst of whatever you are facing?

What is one step you can actually take to default to joy?

Care:

Thank God for the highs mentioned earlier and remember the lows in prayer.

Read Romans 15:13. Pray it over your group, our church, and the family of God.