

Brad Aldrich - Pt 1:*Romans 12:1*

1. When our outside world doesn't match our inside world, what is created is shame.
2. Shame separates us from intimacy.
Ephesians 6:11-14 (ESV); Romans 12:2
3. Intimacy is being fully known and fully loved without fear of rejection.
4. The fruits of the spirit don't come from our own actions, but as an outpouring of understanding that we are loved.

Debra Fileta - Pt 2:

Family changes culture, and culture changes the world.

Exodus 20:5-6 (NIV)

Identifying harmful patterns isn't meant to heap blame on those who have gone before us. Instead, it's meant to make it better for those who will come after us.

FRUIT OF THE SPIRIT VS. OPPOSITE ACTIONS

LOVE → BITTERNESS and HATE

JOY → NEGATIVITY and PESSIMISM

PEACE → WORRY and ANXIETY

PATIENCE → SHORT FUSE and TEMPER

KINDNESS → AGGRESSION

GOODNESS → SELFISHNESS and SELF-CENTEREDNESS

FAITHFULNESS → LACK OF TRUST and DECEIT

GENTLENESS → HARSH and CRITICAL

SELF-CONTROL → ADDICTION

Small Group Outline & Discussion Questions

Connect:

Have each person share a high and low from this past week.

Consider:

When we live in the Spirit, we are known for the fruits that we allow him to produce in our lives and live out in our homes.

Choose one or two questions for your group to discuss as time allows.

- ▶ Read Galatians 5:16-24. If anyone has memorized the fruits, have them share. If not, read the list of fruits out loud together. Take turns spotlighting each person, and ask the others to share what fruit they see most in them.
- ▶ We started this series with a question: which of these fruits is most needed in our society today? Is your answer the same or different for our homes?
- ▶ Which fruit have you been prompted to produce most personally?
- ▶ Which area of your life has this series affected most: the way you think, the way you pray or the way you feel? And how?

Commit:

Spend 1-2 minutes in silence with these questions then share your thoughts.

Read John 15:4. What does it mean to you personally to "remain in the vine"? What is one takeaway thought and one takeaway practice you want to incorporate in your life from this series?

Care:

Thank God for the highs mentioned earlier and remember the lows in prayer.

Have each person choose a fruit of the Spirit to pray for our church and our world.