
1 Peter 1:13-25; 1 Peter 1:13 (KJV)

Prepare your mind to run your race.

1. Be steadfast by living in obedience to God.

Romans 12:2 (ESV)

"Both secularism and devout faith are growing. What's going away is the mushy middle of everyday religiosity." Timothy Keller

2. Be set apart by living in reverence of God.

1 Peter 1:17; Luke 5:8-11

3. Be grateful by loving one another deeply.

1 Peter 1:22

Small Group Outline & Discussion Questions

Connect:

Have each person share a high and low from this past week.

Consider:

Prepare your mind to run your race. Our living hope gives mental strength.

Choose one or two questions for your group to discuss as time allows.

- ▶ Is there a new way you are engaging in scripture this year? If so, how?
- ▶ What are some ways people can "gird up their minds" to run their race?
- ▶ Read Romans 12:1-2. What are some of the competitors that fight for our allegiance?
- ▶ What makes avoiding the "mushy middle" important for believers?
- ▶ When did God love you when you didn't "deserve" it?
- ▶ How is God asking you to make a difference by being different?

Commit:

Spend 1-2 minutes in silence with these questions then share your thoughts.

Read 1 Peter 1:22. Who is in your life that doesn't "deserve" to be loved?

How can you love them like Christ loved you?

Care:

Thank God for the highs mentioned earlier and remember the lows in prayer.

Have each person pray to love others as they feel prompted.