

1 Peter 5:1-11

1. Choose humility.

John 21:15-17

2. Release anxiety.

Courage - *Isaiah 41:10*

Wisdom - *James 1:5*

Strength - *Philippians 4:13*

Faith - *Psalms 37:5*

3. Resist the enemy.

1 Peter 5:9

4. Stand confidently.

1 Peter 5:10-11

Small Group Outline & Discussion Questions

Connect:

Have each person share a high and low from this past week.

Consider:

Be hopeful knowing God gives grace to the humble.

Choose one or two questions for your group to discuss as time allows.

- ▶ What helps you believe that God cares for you? Make a list together.

- ▶ Which part of “what sheep need” do you resonate with most in your life right now: the need to be rescued, the need to be protected, or the need to be led and fed?

- ▶ Read 1 Peter 5:8—9. How can we stay alert and stand firm?

- ▶ What do you personally need most to replace your anxiety with: Courage, Wisdom, Strength, or Faith?
 - Read the associated verse and share your choice with the group.
(**Courage** - Isaiah 41:10, **Wisdom** - James 1:5, **Strength** - Philippians 4:13, **Faith** - Psalms 37:5)

Commit:

Spend 1-2 minutes in silence with these questions then share your thoughts.

Read 1 Peter 5:7-11. When you think about the video story for this series with the little girl and the rain boots, what does the rain represent in your life? What are the boots you need to put on?

Care:

Thank God for the highs mentioned earlier and remember the lows in prayer.

Bring your requests to God for courage, wisdom, strength, and faith.