

Psalm 27:1

Psalm 27: David’s relationship with God:

1. David Shows us: Speak your fears, don’t silence them.

2. David Shows Us: Fears come for a reason.

Three reasons David feared in Psalm 27:

- David’s past experiences.

Psalm 27:8-10

- The voices David was hearing.

Psalm 27:1-3

- David’s enemies.

3. David shows us: Emotions aren’t the enemy.

“Every emotion should be processed before God in prayer.”

- Pastor Tim Keller

Psalm 27: David’s revelation of God:

Fears before God, revelation of God. That is how prayer works.

Psalm 27:7-10; Psalm 27:12-14; 2 Corinthians 4:16-18

Small Group Outline & Discussion Questions

Connect:

Have each person share a high and low from this past week.

Consider:

Fear is not something most people want to face. The Psalms show us that we shouldn’t hide our fears. When we present our fears to God, it leads to revelation of God!

Read Psalm 27 out loud with each person reading a verse.

Choose one or two questions for your group to discuss as time allows.

- ▶ As we launch this series, is there a particular emotion you are looking forward to exploring in the Psalms (anger, disappointment, grief, Fear, or something else)?
- ▶ On a scale of 1-10, with 10 being “I easily share my fears, maybe even over share them” and 1 being “I don’t like to think that I have any fears and don’t really share my fears out loud”, where would you rank yourself? How do you feel about that ranking?
- ▶ What does it give us if we don’t acknowledge our fears?
- ▶ What does it give us if we do speak out our fears?
- ▶ Lindsey said, “Feelings are information.” What are they telling us?

Commit:

Spend 1-2 minutes in silence with these questions then share your thoughts.

What is a fear you are ready to voice to God? What is God offering to you right where you are?

Care:

Thank God for the highs mentioned earlier and remember the lows in prayer.

In the message we heard, **“We don’t make our fears small by denying, suppressing (etc.), they become small when they are voiced before the reality of an eternal God.”**

Try popcorn prayer and allow people in your group to “pop” by saying one word or phrase that has caused fear in their heart, maybe “losing my job”, “politics”, “injustice”, “COVID”...etc. In the end, lift your hands and hearts to God and pray that you can receive His peace in the waiting.