
Psalms 32:1-11

1. Separation

Sin breaks trust.

2. Confession

Admit the offense.

Psalms 51:1-7; Mark 1:15; 1 John 1:8-9

3. Restoration

Jesus cleanses the record of the offense and the heart of the offender.

Psalms 139:23-24

Small Group Outline & Discussion Questions

Connect:

Have each person share a high and low from this past week.

Consider:

Repentance opens the way for Jesus to cleanse the record of the offense and the heart of the offender.

Choose one or two questions for your group to discuss as time allows.

- ▶ On a scale of 1-10, with 1 being difficult and 10 being easy, how easy is it for you to admit your faults to others? How about with God?
- ▶ If the promise is that we will experience peace, joy, and freedom when we confess and repent, why is it so hard to do that?
- ▶ What is the difference between confession and repentance? Why are both necessary in order to rebuild trust.
- ▶ Read Psalms 32:1-2. David uses 3 terms to describe what God does to put away sin (He forgives, covers, and clears). Which of these do you need most today? What would it look like for you to move closer to complete restoration this week?

Commit:

Spend 1-2 minutes in silence with these questions then share your thoughts.

Read Psalms 32:7-8. What promise from this passage would you like to experience more of this week?

Care:

Pray for God's restoration in each other's lives as we seek daily for His forgiveness, truth, freedom from sin, guilt, and shame.