The church is the body of Christ where followers of Jesus grow together.

Romans 12:1-5

Three ways healthy churches help people grow in their faith:

1. Connect many followers of Jesus together as one body.
   Ephesians 4:11-12

2. Build up followers of Jesus to maturity.
   Ephesians 4:13-16

3. Equip followers of Jesus to be united around his mission.

Responsive Discussion:
- Romans 12:1-5. Paul writes, "We all belong to each other." What could this look like in our church today? How can this change the way we interact with one another as a church family?
- Why are our interactions and relationships with one another as a church family important? How can it impact those outside of the church as well?
- Healthy churches will build us up to grow and mature in faith. What are some ways that we can build each other up to grow and mature in faith?
- Ephesians 4:13-16. Paul talks about how each part of the body does its own special work. What is something that the Lord has gifted you in or given you passion for? How can you use those gifts and passions to serve the church body?

Pray:
Thank God for the highs shared and lift up the lows.
Pray for us as a church, that we would walk in unity, grow and mature in faith, and together reflect the love of Christ to those around us.

All scriptures are from the New Living Translation.