

Mark 6:45-52

1. Jesus offers courage in the middle of our struggle.

God does his best work when we are most alert.

*Hebrews 11:6*

2. Confidence in God is built on the foundation of faith and reason.

*Romans 1:19-20, Matthew 14:28-32*

3. The one who calms the storm can calm our hearts.

*Matthew 11:28-30*

*\*All scriptures are from the NLT unless otherwise noted.*

## Small Group Outline & Discussion Questions

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### Celebrate and Care:

Have each person share a high and low from this past week.

### Review:

Jesus offers courage to live with confidence in him and calm in our hearts to fulfill our purpose.

### Open Up:

What is the worst storm you ever experienced?

### Discuss:

*Choose one or two questions for your group to discuss as time allows.*

- ▶ Pastor Matt said, "When faith shapes our lives, stability in Christ becomes our goal. When fear shapes our lives, safety becomes our goal." What is the difference between safety and stability?
- ▶ How is courage optional?
- ▶ Share some unexpected ways you have seen Jesus show up in difficult situations.
- ▶ Read Hebrews 11:6. How does God reward those who sincerely seek him?
- ▶ How does believing in a divine Designer offer a perspective shift?

### Engage:

*Spend 1-2 minutes in silence with these questions then share your thoughts.*

Fill in the nouns for yourself like Pastor Matt suggested. I'm in the middle of \_\_\_\_\_, struggling against \_\_\_\_\_.

Read Matthew 11:28-30. We learned:

- You can be calm on the inside because God is with you.
- You can be confident because God is real.
- You can catch courage because God is offering it to you.

How can you receive what God is offering you in your storm?

### Pray:

*Share with God what you are in the middle of and struggling against and ask him to help you receive what he is offering to you.*

*Fill in the blank key: courage, struggle; alert; confidence; calms, calm*