

Gain: To obtain a desire as a result of one's efforts. To obtain a desired end.

1. The foundation of contentment is not fulfilled desires, it is renewed desires.

Philippians 2:12-13

"Christ is miraculous not because he changed what I do but because he changed what I want to do. Any religion can change behavior. Only Christ can change the heart." - Unknown

2. God's work. God's glory. Our lifetime.

Philippians 1:6; Genesis 16:13-14 (NIV)

Small Group Outline & Discussion Questions

Celebrate and Care:

Have each person share a high and low from this past week.

Review:

Contentment is not getting what we want; contentment is getting new wants.

Open Up:

What comes to your mind when you think of gains?

Discuss:

Choose one or two questions for your group to discuss as time allows.

- ▶ What are some common messages in our culture that make it hard to feel content?
- ▶ What are some desires people have that they feel entitled to?
- ▶ Make a list of characteristics of someone who has the heart of Christ.
- ▶ Read Genesis 16:13. What are some areas where people struggle with feeling insignificant? How could this verse change that perspective?

Engage:

Spend 1-2 minutes in silence with these questions then share your thoughts.

"We don't use Jesus to get our previous desires. We desire Christ the most and he gives us new hearts with new desires." What does this look like in your life right now?

"When I no longer have to be God and give myself meaning, I can finally be me." What's one step that would move you closer to this becoming a reality?

Pray:

Pray that God would rewrite the desires of your heart.